The following case will be a real eye opener. What may appear to be obvious will soon prove to be quite the contrary.

**Case in point:**

Kathryn is a 72 year old patient who was suffering with a history of **chronic IBS and pain localized to the right knee**. Hyoscyamine and Loperamide were both prescribed by her primary physician for the IBS and Vioxx (before it was taken off the market) for her knee pain.

Although achieving some degree of symptom relief, Kathryn was unable to stop the meds without the IBS and arthritic knee pain returning.

In addition to seeking traditional medical treatment, Kathryn also had consulted with a chiropractor who practiced "**disease specific** nutrition.

She recommended that Kathryn do a colon cleanse and begin an aggressive supplement program which consisted of aloe vera, glucosamine, chondroitin sulfate and a some additional herbs.

Again, Kathryn experienced some improvement but was not able to stop the meds without the problems returning.

When Kathryn consulted with me, I had her complete a 41 page detailed medical questionnaire. Based on review of the questionnaire, medical records and physical examination, I decided to order a comprehensive digestive stool test.

What I found was to be the turning point in helping Kathryn get off her meds and completely resolve her IBS and in fact her knee pain.

**HINT:** She and her husband had traveled abroad for six years involved in missionary work.

Based on the results of Kathryn's digestive stool test, a **Blastocystis hominis parasite** was found.

Take a look at Kathryn's lab results below.

Make note that **four** stool samples were taken **NOT** one.
Now make note that three of the four samples DID NOT reveal the **Blastocystis hominis parasite**, but in fact it was the **second sample** that detected the parasite.

This is very important. Most medical physicians commonly will only test one stool sample. To be quite honest, most physicians probably would not have considered ordering a stool test in the first place. (I am not being condescending. this is from review of many medicals.

Considering my review of her medical records did not reveal any stool test, this was not a surprise. In fact, I can show you five cases of IBS over the last seven months and I have yet to see a comprehensive stool test performed.

Based on this finding, I prescribed an **Antimicrobial Product** in addition to a specific nutrition protocol to restore GI integrity.

Kathryn experienced a dramatic improvement and was able to finally stop all her meds.

And guess what?

**Her knee pain resolved.**

Interesting?

I have included four medical citations on the **Blastocystis hominis and the relationship to IBS and arthritis.**

***Click Here for a Nutrition Practice Tip***
Supporting Citations


